## RecipesCh®-se

## **Cheesy Ground Beef Casserole**

Yield: 4 min Total Time: 55 min

Recipe from: https://www.recipeschoose.com/recipes/ground-beef-for-dinner-recipes

## **Ingredients:**

- 12 ounces egg noodles uncooked
- 1 teaspoon olive oil
- 1 pound lean ground beef
- 1 onion finely chopped
- 2 teaspoons minced garlic
- 16 ounces marinara sauce {we used Rao's}
- 15 ounces fire roasted diced tomatoes
- 1 teaspoon dried oregano
- 1 teaspoon dried basil
- 2 cups shredded cheddar cheese
- 1 teaspoon butter

## Nutrition:

- 1. Calories: 880 calories
- 2. Carbohydrate: 87 grams
- 3. Cholesterol: 205 milligrams
- 4. Fat: 33 grams
- 5. Fiber: 9 grams
- 6. Protein: 55 grams
- 7. SaturatedFat: 17 grams
- 8. Sodium: 1060 milligrams
- 9. Sugar: 14 grams

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