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World's Easiest Grilled Vegetables

Yield: 2 min Total Time: 40 min

Recipe from: https://www.recipeschoose.com/recipes/grilled-veggies-recipe-indian

Ingredients:

- 1 zucchini medium
- 1 sweet onion large, I used Vidalia onion
- 1 red bell pepper large
- 4 cups vegetable cut-up
- 1/2 cup italian salad dressing I like Newman's Own Olive Oil and Vinegar Dressing for this, be sure to use a dressing with oil as the...
- 1 pinch herbs dried, like thyme, oregano, or fennel, optional
- salt and fresh ground black pepper to season vegetables after grilling
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Nutrition:

Calories: 370 calories
Carbohydrate: 54 grams

3. Fat: 16 grams4. Fiber: 13 grams5. Protein: 10 grams6. SaturatedFat: 2 grams

7. Sodium: 1220 milligrams

8. Sugar: 15 grams

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