

# Mexican Grilled Salmon Salad

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/grilled-mexican-fish-salad-recipe>

## Ingredients:

- 4 skinless salmon fillets 5 - 6 oz
- 1 teaspoon ancho chili powder
- 1 teaspoon ground cumin
- 1/2 teaspoon paprika
- 1/2 teaspoon onion powder
- 1 1/2 tablespoons olive oil plus more for grill
- ground black pepper
- salt
- 1 lime halved
- 1 head lettuce Romain
- 10 ounces grape tomatoes halved
- 1 cucumber peeled and chopped
- 1 1/2 cups fresh corn
- 1/2 red onion sliced and rinsed under cool water to remove harsh bite
- 1/4 cup cilantro leaves optional
- 4 ounces queso fresco cheese
- ranch dressing Avocado Greek Yogurt, [recipe here](#)

## Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 85 milligrams
4. Fat: 27 grams
5. Fiber: 6 grams
6. Protein: 30 grams
7. SaturatedFat: 8 grams
8. Sodium: 400 milligrams
9. Sugar: 8 grams

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