

Mexican Grilled Corn For Gringos

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/grilled-mexican-corn-cob-recipe>

Ingredients:

- corn cobs
- mayonnaise
- sour cream
- Cilantro leaves freshly chopped
- freshly grated Parmesan
- lime
- lime wedges
- red chili powder

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 40 grams
3. Cholesterol: 10 milligrams
4. Fat: 6 grams
5. Fiber: 3 grams
6. Protein: 6 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 160 milligrams
9. Sugar: 2 grams

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