

# Easy Italian Dressing Grilled Chicken

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/grilled-chicken-with-italian-dressing-recipe>

## Ingredients:

- 4 boneless chicken breasts
- 1/2 cup Italian dressing

## Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 145 milligrams
4. Fat: 15 grams
5. Protein: 48 grams
6. SaturatedFat: 3.5 grams
7. Sodium: 740 milligrams
8. Sugar: 2 grams

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