

# Garlic Bacon Chicken Wraps

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/bacon-honey-mustard-recipe-japanese>

## Ingredients:

- 4 chicken breasts grilled or roasted
- 1 red pepper diced
- 1 head romaine shredded
- 6 pieces bacon cooked and crumbled
- honey mustard Gulden's
- tortillas

## Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 105 milligrams
4. Fat: 24 grams
5. Fiber: 4 grams
6. Protein: 33 grams
7. SaturatedFat: 8 grams
8. Sodium: 650 milligrams
9. Sugar: 3 grams

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