

Green Tea Ice Cream

Yield: 4 min
Total Time: 300 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-japanese-green-tea-recipe>

Ingredients:

- 2 cups heavy cream
- 1 cup whole milk
- 1/4 teaspoon salt
- 6 large eggs
- 2/3 cup sugar
- 2 tablespoons matcha powdered Japanese green tea

Nutrition:

1. Calories: 770 calories
2. Carbohydrate: 41 grams
3. Cholesterol: 520 milligrams
4. Fat: 63 grams
5. Protein: 14 grams
6. SaturatedFat: 37 grams
7. Sodium: 330 milligrams
8. Sugar: 37 grams

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