

Shrimp BLT Salads

Yield: 6 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/green-salad-recipe-for-italian-dinner>

Ingredients:

- shrimp
- garlic
- 1 pound bacon
- greens Fresh
- 3 tomatoes
- 2 avocado optional
- salt
- pepper

Nutrition:

1. Calories: 490 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 80 milligrams
4. Fat: 45 grams
5. Fiber: 6 grams
6. Protein: 15 grams
7. SaturatedFat: 13 grams
8. Sodium: 800 milligrams
9. Sugar: 3 grams

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