

# Indian Green Lentil Curry with Kidney Beans

Yield: 4 min  
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/green-lentil-curry-recipe-indian>

## Ingredients:

- 2 cups green lentils
- 5 cups water
- 15 ounces light red kidney beans drained and rinsed
- 4 tablespoons canola oil
- 2 inches fresh ginger smashed
- 4 cloves garlic minced
- 1 onion medium, minced
- 2 whole Roma tomatoes diced
- 2 whole green chilies smashed
- 1 teaspoon cumin seeds
- 1/2 teaspoon coriander powder
- 1 teaspoon Garam Masala
- 1 teaspoon chili powder reduce for less heat
- 1 teaspoon tumeric powder
- 1 1/2 teaspoons salt to taste
- 1/2 cup heavy cream
- fresh cilantro torn
- naan optional
- roasted chicken optional
- relish Indian Pickled, optional, but recommended