

Cleansing Green Smoothie

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/brazilian-body-wizard-green-juice-recipe>

Ingredients:

- 1 cup kale
- 1/4 cup cucumber
- 1/2 cup pineapple fresh
- 1/2 pear cored
- 1 tablespoon lemon juice
- 1 1/2 cups coconut water
- 1 tablespoon greens NutriBullet® Superfood Essential
- 1/4 teaspoon cayenne pepper powder

Nutrition:

1. Calories: 45 calories
2. Carbohydrate: 11 grams
3. Fiber: 2 grams
4. Protein: 1 grams
5. Sodium: 100 milligrams
6. Sugar: 7 grams

Thank you for visiting our website. Hope you enjoy Cleansing Green Smoothie above. You can see more 19 brazilian body wizard green juice recipe Get cooking and enjoy! to get more great cooking ideas.