

Greek Yogurt Green Goddess Dressing

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/green-goddess-dressing-recipe-greek-yogurt>

Ingredients:

- 1/2 cup greek yogurt
- 1/3 cup tahini
- 1/4 cup fresh chives
- 1/4 cup fresh tarragon
- 1/4 cup fresh dill
- 1/2 cup fresh parsley
- 1/2 cup green onion
- 1 clove garlic
- 1/4 cup lemon juice
- 1 teaspoon salt
- 2 tablespoons water
- 1 tablespoon olive oil
- 2 tablespoons nutritional yeast

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 5 milligrams
4. Fat: 15 grams
5. Fiber: 4 grams
6. Protein: 8 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 630 milligrams
9. Sugar: 2 grams

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