

# Southern Green Beans

Yield: 4 min  
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-style-string-bean-recipe>

## Ingredients:

- 1 pound green beans fresh
- 1/2 cup white onion finely chopped
- 1 garlic clove
- 1/2 cup smoked sausage or more, chopped, or smoked bacon
- 2 cups chicken broth
- 1 tablespoon butter
- 1 teaspoon seasoning salt red pepper flakes, & black pepper to taste.

## Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 70 milligrams
4. Fat: 30 grams
5. Fiber: 4 grams
6. Protein: 19 grams
7. SaturatedFat: 11 grams
8. Sodium: 1060 milligrams
9. Sugar: 4 grams
10. TransFat: 1 grams

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