

Garlic Chinese Style Green Beans

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-ground-pork-and-green-beans-recipe>

Ingredients:

- 2 tablespoons canola oil
- 1 pound green beans trimmed
- 1/4 pound ground pork optional
- 3 cloves garlic minced
- 2 tablespoons ginger minced
- 1/2 teaspoon salt
- 1 teaspoon chili garlic paste
- 2 tablespoons soy sauce
- 2 tablespoons rice vinegar
- 1 tablespoon sugar
- scallions minced, optional garnish

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 20 milligrams
4. Fat: 13 grams
5. Fiber: 4 grams
6. Protein: 8 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 770 milligrams
9. Sugar: 7 grams

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