

# Slow Cooker Italian Sausage Vegetable Soup

Yield: 8 min  
Total Time: 260 min

Recipe from: <https://www.recipeschoose.com/recipes/green-bean-italian-sausage-recipe>

## Ingredients:

- 1 pound italian sausage any kind: ground, links, or precooked
- 4 cups beef broth
- 1/2 cup dry red wine or more broth
- 28 ounces diced tomatoes
- onion 1 med., chopped
- 2 cloves garlic minced
- 15 ounces garbanzo beans or whatever type you have
- 2 cups green cabbage chopped, chard, kale, or spinach
- 2 cups green beans fresh or frozen
- 2 carrots peeled and diced
- 1 teaspoon italian seasoning
- 1/2 teaspoon black pepper
- 1 cup small pasta or rice, cooked, optional
- salt
- pepper
- grated Parmesan for serving
- parsley for serving, optional

## Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 33 grams
3. Cholesterol: 45 milligrams
4. Fat: 19 grams
5. Fiber: 6 grams
6. Protein: 16 grams
7. SaturatedFat: 7 grams
8. Sodium: 1110 milligrams

9. Sugar: 5 grams

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