

Greek Baked Ziti

Yield: 10 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-ziti-recipe>

Ingredients:

- 1 tablespoon olive oil
- 1 large garlic clove minced
- 1/2 pound ground lamb lean
- 1/2 pound ground sirloin
- 43 1/2 ounces diced tomatoes unsalted, undrained
- 1 teaspoon dried oregano
- 1 teaspoon salt divided
- 1/2 teaspoon ground cinnamon
- 2 tablespoons butter
- 1/4 cup all-purpose flour
- 3 cups 2% reduced-fat milk divided
- 3 large eggs lightly beaten
- 3/4 cup crumbled feta cheese divided
- 10 ounces uncooked ziti short tube-shaped pasta
- cooking spray
- 1/4 cup dry breadcrumbs
- fresh oregano leaves optional

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 35 grams
3. Cholesterol: 115 milligrams
4. Fat: 17 grams
5. Fiber: 3 grams
6. Protein: 20 grams
7. SaturatedFat: 8 grams
8. Sodium: 500 milligrams
9. Sugar: 9 grams

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