

Greek Yogurt Sauce

Yield: 4 min
Total Time: 3 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-yogurt-sauce-recipe-for-chicken>

Ingredients:

- 1 cup Greek yogurt
- 1 garlic clove pressed
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1/4 teaspoon cumin
- 1/2 teaspoon lemon juice

Nutrition:

1. Calories: 40 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 10 milligrams
4. Fat: 2 grams
5. Protein: 2 grams
6. SaturatedFat: 1 grams
7. Sodium: 320 milligrams
8. Sugar: 3 grams

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