

Strawberry Protein Shake

Yield: 1 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-yogurt-protein-shake-for-weight-loss-recipe>

Ingredients:

- 1/2 cup almond milk vanilla flavored
- 1/2 cup greek yogurt strawberry flavored, or vanilla, I use Greek Gods Strawberry Honey
- 1 scoop vanilla protein powder
- 1 teaspoon honey
- 3/4 cup frozen strawberries or mixed berries, if you prefer
- 6 ice cubes I use 5, depending on how thick you like your shakes