

# Greek Yogurt Panna Cotta

Yield: 7 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/panna-cotta-recipe-with-greek-yogurt>

## Ingredients:

- 2 panna cotta Greek Yogurt, Recipe:
- 1 tablespoon powdered gelatin
- 3 tablespoons water
- 2 cups heavy cream
- 1 cup greek yogurt Plain Full-Fat
- 1/2 cup sugar
- 2 tablespoons honey
- 1 vanilla bean or 2 teaspoons Vanilla Extract
- 1 panna cotta Greek Yogurt, Recipe:, if you desire more greek yogurt
- 1 tablespoon powdered gelatin
- 3 tablespoons water
- 2 cups heavy cream
- 2 cups greek yogurt Plain Full-Fat
- 1/2 cup sugar
- 2 tablespoons honey
- 1 vanilla bean or 2 teaspoons Vanilla Extract
- orange blossom honey or Creamed
- Fresh berries
- compote Berry, or Sauce
- walnut Honey, Drizzle
- salted caramel

## Nutrition:

1. Calories: 840 calories
2. Carbohydrate: 54 grams
3. Cholesterol: 240 milligrams
4. Fat: 67 grams
5. Fiber: 2 grams
6. Protein: 11 grams

7. SaturatedFat: 40 grams
  8. Sodium: 120 milligrams
  9. Sugar: 47 grams
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