

Healthy Greek Yogurt Oatmeal Pancakes

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/oatmeal-recipe-with-greek-yogurt>

Ingredients:

- 1 3/4 cups unbleached flour
- 1 cup oatmeal regular
- 2 tablespoons sugar
- 1 1/4 teaspoons baking powder
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1 cup plain greek yogurt
- 1 cup milk
- 4 tablespoons coconut oil melted
- 2 eggs

Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 69 grams
3. Cholesterol: 120 milligrams
4. Fat: 21 grams
5. Fiber: 4 grams
6. Protein: 16 grams
7. SaturatedFat: 15 grams
8. Sodium: 780 milligrams
9. Sugar: 14 grams

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