

Cranberry Greek Yogurt Oatmeal Bars

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-yogurt-oatmeal-bars-recipe>

Ingredients:

- 1 cup flour
- 5/8 cup oats quick-cooking
- 7 1/4 tablespoons light brown sugar soft
- 1/4 teaspoon salt
- 1/2 teaspoon canela
- 1/4 teaspoon baking soda
- 4 tablespoons coconut oil melted
- 2 tablespoons greek yogurt
- 4 cups dried cranberries
- 1 1/8 cups greek yogurt
- 7 15/16 tablespoons white sugar
- 2 tablespoons flour

Nutrition:

1. Calories: 700 calories
2. Carbohydrate: 128 grams
3. Cholesterol: 10 milligrams
4. Fat: 18 grams
5. Fiber: 6 grams
6. Protein: 10 grams
7. SaturatedFat: 14 grams
8. Sodium: 270 milligrams
9. Sugar: 79 grams

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