

Teensy Pumpkin Pies

Yield: 24 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/healthy-greek-yogurt-ice-cream-bars-recipe>

Ingredients:

- 2 cups all purpose flour
- 2 tablespoons granulated sugar
- 1/4 teaspoon salt for savory recipes, use 1 1/2 times the salt
- 1/8 teaspoon baking powder
- 3/4 cup cream cheese cold, cubed
- 5/8 cup unsalted butter cold, cubed
- 1 1/2 tablespoons ice water
- 1 tablespoon apple cider vinegar
- 2 cups pumpkin puree
- 6 ounces sweetened condensed milk
- 1/2 cup light brown sugar
- 2 eggs
- 1 teaspoon ground cinnamon
- 1/2 teaspoon ground ginger
- 1/2 kosher salt
- 1/4 teaspoon ground nutmeg
- 1/4 teaspoon spice ground all-
- whipped cream
- 2 cups all purpose flour
- 1 teaspoon baking powder
- 1/2 teaspoon baking soda
- 1 teaspoon ground cinnamon
- 1 teaspoon ground ginger
- 1/2 teaspoon ground nutmeg
- 1/4 teaspoon spice all-
- 1/4 teaspoon kosher salt
- 1/3 cup vegetable oil
- 1 cup granulated sugar
- 1/2 cup light brown sugar
- 2 eggs
- 1 teaspoon vanilla extract
- 2/3 cup greek yogurt
- 2 oranges zested and juiced
- 3 tablespoons pumpkin puree

- 3 tablespoons evaporated milk
- 1/2 teaspoon vanilla extract
- 1/4 teaspoon ground cinnamon
- 1 pinch ground nutmeg
- 1 3/4 cups powdered sugar sifted
- 1 1/2 cups vanilla ice cream
- 1 cup pumpkin pie broken up
- 5/8 cup milk
- 1/4 teaspoon ground cinnamon
- 1 pinch ground nutmeg

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 59 grams
3. Cholesterol: 65 milligrams
4. Fat: 15 grams
5. Fiber: 3 grams
6. Protein: 6 grams
7. SaturatedFat: 6 grams
8. Sodium: 250 milligrams
9. Sugar: 36 grams

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