

Sugar Free Greek Yogurt Frosting

Yield: 4 min
Total Time: 490 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-yogurt-frosting-recipe>

Ingredients:

- 2 cups Greek yogurt Strained
- 1 cup powdered sugar Sugar Free, See post for details
- 1 teaspoon vanilla extract See post for alternatives

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 36 grams
3. Cholesterol: 15 milligrams
4. Fat: 3.5 grams
5. Protein: 4 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 55 milligrams
8. Sugar: 36 grams

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