

# Healthy Greek Yogurt Egg Salad

Yield: 4 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-yogurt-egg-recipe>

## Ingredients:

- 8 hard boiled eggs chopped
- 2 celery stalks chopped
- 2 green onions chopped
- 2 tablespoons low fat mayonnaise
- 1/2 cup greek yogurt non-fat
- 2 teaspoons Dijon mustard
- 2 teaspoons lemon juice
- 2 teaspoons fresh dill
- 1/2 teaspoon garlic powder
- 1/2 teaspoon paprika
- 1/4 teaspoon sugar
- salt
- black pepper

## Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 430 milligrams
4. Fat: 15 grams
5. Fiber: 1 grams
6. Protein: 15 grams
7. SaturatedFat: 4 grams
8. Sodium: 390 milligrams
9. Sugar: 4 grams

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