

Carrot And Raisin Salad

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/healthy-mayonnaise-recipe-greek-yogurt>

Ingredients:

- 3 carrots large, shredded, 2 cups
- 1/4 cup Greek-style yogurt
- 1/2 cup raisins
- 2 tablespoons orange juice freshly squeezed
- 1/4 teaspoon ginger
- 1/4 teaspoon canela
- 1/2 tablespoon mayonnaise

Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 5 milligrams
4. Fat: 1 grams
5. Fiber: 2 grams
6. Protein: 1 grams
7. Sodium: 55 milligrams
8. Sugar: 12 grams

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