

Greek Yogurt Chocolate Pudding Snack

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-yogurt-chocolate-pudding-recipe>

Ingredients:

- 3/4 cup plain Greek yogurt the unsweetened kind. I use 0%.
- 2 teaspoons honey
- 2 teaspoons cocoa powder
- 2 vanilla extract helps deepen the chocolate flavour
- 1 tablespoon chocolate chips

Nutrition:

1. Calories: 50 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 5 milligrams
4. Fat: 2.5 grams
5. Protein: 2 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 20 milligrams
8. Sugar: 7 grams

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