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Lemon Greek Yogurt Cheesecake Bars

Yield: 6 min Total Time: 65 min

Recipe from: https://www.recipeschoose.com/recipes/greek-yogurt-cheesecake-recipe

Ingredients:

- 1 cup white whole wheat flour
- 2 tablespoons granulated sugar
- 1/4 teaspoon salt
- 1 teaspoon lemon zest from 1 small lemon
- 6 tablespoons unsalted butter cold, cut into cubes
- 1 tablespoon cold milk
- 3 cups greek yogurt full fat, 2% will work but we prefer these with the full-fat yogurt
- 1/2 cup granulated sugar
- 1 teaspoon cornstarch
- 2 eggs
- 1 tablespoon lemon zest
- 1/4 cup lemon juice you will need 2-3 medium lemons for zest and juice
- 1/2 teaspoon vanilla extract
- Fresh berries for serving.

Nutrition:

Calories: 370 calories
Carbohydrate: 47 grams
Cholesterol: 115 milligrams

4. Fat: 18 grams5. Fiber: 4 grams6. Protein: 9 grams

7. SaturatedFat: 10 grams8. Sodium: 180 milligrams

9. Sugar: 29 grams

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