

# Chocolate Greek Yogurt Cheesecake

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-yogurt-cheesecake-recipe-no-cream-cheese>

## Ingredients:

- 2 1/2 cups greek yogurt I used cabot
- 3 egg whites 9 tbsp from the carton
- 1/3 cup dark cocoa powder special
- 1/2 cup honey you can try to replace some with stevia if you prefer
- 1/4 cup arrowroot starch
- 1 teaspoon vanilla
- 1/4 teaspoon salt

## Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 54 grams
3. Cholesterol: 20 milligrams
4. Fat: 6 grams
5. Fiber: 3 grams
6. Protein: 9 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 260 milligrams
9. Sugar: 43 grams

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