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One Pan Greek Roast Chicken and Roast Potatoes

Yield: 4 min Total Time: 70 min

Recipe from: https://www.recipeschoose.com/recipes/greek-whole-chicken-recipe

Ingredients:

- 3 5/16 pounds chicken organic, if possible
- 2 lemons halved
- 4 tablespoons olive oil
- 4 teaspoons dried oregano
- 1 2/3 pounds potatoes white, cut into $40g / 1\frac{1}{2}$ oz pieces, ish!
- 8 cloves garlic gently bashed
- salt
- pepper
- 6 bay leaves
- salad Green veg or Greek, to serve

Nutrition:

- Calories: 700 calories
 Carbohydrate: 41 grams
 Cholesterol: 245 milligrams
- 4. Fat: 25 grams5. Fiber: 8 grams6. Protein: 80 grams
- 7. SaturatedFat: 6 grams8. Sodium: 500 milligrams
- 9. Sugar: 2 grams

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