

Greek Tzatziki Sauce With Sour Cream

Yield: 4 min
Total Time: 150 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-tzatziki-sauce-recipe-sour-cream>

Ingredients:

- 1/2 English cucumber large, unpeeled
- 1 cup plain yogurt thick like Balkan or Icelandic or Greek
- 1/2 cup Sour Cream
- 2 cloves garlic crushed
- 2 tablespoons extra virgin olive oil
- 1/2 teaspoon salt

Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 25 milligrams
4. Fat: 14 grams
5. Protein: 3 grams
6. SaturatedFat: 6 grams
7. Sodium: 350 milligrams
8. Sugar: 5 grams

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