

Greek Turkey Meatball Gyro with Tzatziki

Yield: 4 min
Total Time: 26 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-turkey-meatball-recipe>

Ingredients:

- 1 pound ground turkey
- 1/4 cup diced red onion finely
- 2 garlic cloves minced
- 1 teaspoon oregano
- 1 cup fresh spinach chopped
- salt
- pepper
- 2 tablespoons olive oil
- 1/2 cup plain greek yogurt
- 1/4 cup cucumber grated
- 2 tablespoons lemon juice
- 1/2 teaspoon dill
- 1/2 teaspoon garlic powder
- salt to taste
- 1/2 cup red onion thinly sliced
- 1 cup diced tomato
- 1 cup cucumber diced
- 4 whole wheat flatbreads

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 95 milligrams
4. Fat: 21 grams
5. Fiber: 4 grams
6. Protein: 24 grams
7. SaturatedFat: 5 grams

8. Sodium: 600 milligrams

9. Sugar: 6 grams

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