

# Greek Tuna Salad Bites

Yield: 2 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-tuna-salad-recipe>

## Ingredients:

- 2 cucumbers medium, sliced into thick rounds
- 6 ounces tuna, drained and flaked can white
- 1/2 lemon
- 1/2 cup red bell pepper diced
- 1/4 cup red onion or diced sweet
- 1/4 cup black olives chopped
- 2 tablespoons minced garlic
- 2 tablespoons extra-virgin olive oil
- 2 tablespoons fresh parsley finely chopped
- salt
- pepper
- dried oregano

## Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 15 milligrams
4. Fat: 22 grams
5. Fiber: 8 grams
6. Protein: 30 grams
7. SaturatedFat: 4 grams
8. Sodium: 850 milligrams
9. Sugar: 8 grams

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