

Avgolemono (Greek Lemon Chicken Soup)

Yield: 6 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/panera-greek-lemon-chicken-soup-recipe>

Ingredients:

- 4 pounds chicken
- 1 onion medium, chopped, approximately 1½ cups
- 1 carrot medium, chopped, approximately ½ cups
- 3 celery ribs, chopped, approximately 1½ cups
- 8 cups water
- 2 teaspoons salt plus to taste
- 1 cup long-grain white rice
- 4 eggs at room temperature
- 1 teaspoon cornstarch
- 2 tablespoons cold water
- ¼ cup lemon juice plus more to taste, approximately 2 lemons

Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 340 milligrams
4. Fat: 13 grams
5. Fiber: 2 grams
6. Protein: 68 grams
7. SaturatedFat: 4 grams
8. Sodium: 1110 milligrams
9. Sugar: 2 grams

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