

Grilled Zucchini Greek Salad

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/grilled-chicken-greek-salad-recipe>

Ingredients:

- 1 zucchini about 10 inches long
- 2 tomatoes medium summer, or 5-6 cherry tomatoes, chopped into bite-sized pieces
- 1/4 cup Kalamata olives about 8 olives, Use pitted olives, I cut the olives in half but you don't have to.
- 1/4 cup crumbled feta cheese or less
- olive oil to brush on zucchini
- 1 teaspoon Greek seasoning I use Greektown "Billy Goat" Seasoning from The Spice House.
- 3 tablespoons vinaigrette dressing Use a dressing with less than 3 grams sugar per serving for South Beach Diet.
- ground black pepper fresh, to taste

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 10 milligrams
4. Fat: 8 grams
5. Fiber: 1 grams
6. Protein: 3 grams
7. SaturatedFat: 2 grams
8. Sodium: 210 milligrams
9. Sugar: 6 grams

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