

# Greek Style Shrimp over Rice

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-style-shrimp-recipe>

## Ingredients:

- olive oil
- red onion
- garlic
- zucchini
- diced tomatoes
- white wine
- oregano
- salt
- black pepper
- crushed red pepper flakes
- shrimp
- feta cheese
- cooked rice
- 2 teaspoons extra virgin olive oil
- 1 cup chopped red onion
- 1 medium garlic clove minced
- 3 cups zucchini sliced
- 28 ounces diced tomatoes drained
- 1/4 cup dry white wine
- 2 teaspoons dried oregano
- 1/2 teaspoon freshly ground black pepper
- 1/4 teaspoon salt
- 1/4 teaspoon crushed red pepper flakes
- 1 pound shrimp peeled and de-veined
- 1/2 cup crumbled feta cheese
- 3 cups brown rice or cooked white

## Nutrition:

1. Calories: 950 calories

2. Carbohydrate: 136 grams
3. Cholesterol: 240 milligrams
4. Fat: 21 grams
5. Fiber: 12 grams
6. Protein: 48 grams
7. SaturatedFat: 7 grams
8. Sodium: 880 milligrams
9. Sugar: 14 grams

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