

Oven Baked Pork Ribs

Yield: 6 min
Total Time: 250 min

Recipe from: <https://www.recipeschoose.com/recipes/peruvian-pork-ribs-recipe>

Ingredients:

- 3 pounds pork ribs Slab, unthawed
- 1/4 cup rub seasoning pork
- 2 tablespoons Worcestershire sauce
- 1 tablespoon liquid smoke
- 1 bottle bbq sauce your favorite

Nutrition:

1. Calories: 750 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 180 milligrams
4. Fat: 52 grams
5. Fiber: 1 grams
6. Protein: 34 grams
7. SaturatedFat: 18 grams
8. Sodium: 1080 milligrams
9. Sugar: 20 grams

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