

Greek Pasta Salad

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/octopus-with-pasta-greek-recipe>

Ingredients:

- 10 ounces rotini cooked and chilled
- 2 tomatoes cored, seeded and cut into ½ inch dice
- 1 cucumber small, cut into ½ inch dice
- 1 onions small, finely chopped
- 1 cup feta cheese crumbled
- 3 tablespoons fresh oregano chopped
- 3 tablespoons fresh parsley chopped
- 3 tablespoons red wine vinegar
- 1/4 cup olive oil
- cracked black pepper
- salt

Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 65 grams
3. Cholesterol: 35 milligrams
4. Fat: 23 grams
5. Fiber: 5 grams
6. Protein: 17 grams
7. SaturatedFat: 8 grams
8. Sodium: 630 milligrams
9. Sugar: 8 grams

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