

# Honey Sesame Chicken

Yield: 4 min  
Total Time: 13 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-sesame-honey-candy-recipe>

## Ingredients:

- 1 1/2 pounds skinless chicken thighs boneless and
- salt
- ground black pepper
- 1 1/2 tablespoons oil
- 2 cloves garlic minced
- 1 teaspoon sesame toasted white
- 1 tablespoon scallion chopped
- 1/2 cup chicken broth
- 2 1/2 tablespoons honey
- 2 tablespoons soy sauce
- 1 tablespoon apple cider vinegar
- 1 teaspoon Sriracha or chili garlic sauce Rooster brand
- 1 teaspoon sesame oil
- 1 teaspoon corn starch

## Nutrition:

1. Calories: 480 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 145 milligrams
4. Fat: 33 grams
5. Protein: 30 grams
6. SaturatedFat: 7 grams
7. Sodium: 800 milligrams
8. Sugar: 11 grams

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