

Authentic Greek Tzatziki Sauce

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/original-greek-tzatziki-recipe>

Ingredients:

- 1 English cucumber grated
- 1 cup greek yogurt
- 2 garlic cloves minced
- 2 tablespoons olive oil
- 1 tablespoon vinegar
- 1/2 teaspoon kosher salt or to taste

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 10 milligrams
4. Fat: 9 grams
5. Fiber: 1 grams
6. Protein: 3 grams
7. SaturatedFat: 2 grams
8. Sodium: 330 milligrams
9. Sugar: 5 grams

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