

Easy Greek Tzatziki Chicken Salad

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-salad-pita-recipe>

Ingredients:

- 3/4 cup greek yogurt reduced fat
- 2 tablespoons lemon juice freshly squeezed
- 3 cloves garlic minced
- 1 cucumber medium, chopped
- 4 cups shredded rotisserie chicken
- 6 cherry tomatoes quartered
- 1/2 medium onion chopped
- 3 ounces feta cheese crumbled
- 1/4 cup Kalamata olives chopped
- 2 tablespoons fresh dill chopped
- 2 tablespoons parsley chopped
- kosher salt to taste
- 6 pitas for serving

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 60 grams
3. Cholesterol: 25 milligrams
4. Fat: 10 grams
5. Fiber: 8 grams
6. Protein: 15 grams
7. SaturatedFat: 4 grams
8. Sodium: 1010 milligrams
9. Sugar: 7 grams

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