

Shirin Polow (Iranian Rice Pilaf)

Yield: 8 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-saffron-rice-recipe>

Ingredients:

- 1/2 cup sugar
- 3/4 teaspoon saffron crushed
- 3/4 cup orange peel thinly sliced
- 1 tablespoon rose water
- 4 cups long-grain white rice
- 2 tablespoons kosher salt
- 1/2 cup milk
- 1/2 cup canola oil
- 2 tablespoons unsalted butter melted
- 3/4 cup shredded carrots finely
- 1/2 cup slivered almonds
- 1/2 cup pistachios chopped

Nutrition:

1. Calories: 640 calories
2. Carbohydrate: 94 grams
3. Cholesterol: 10 milligrams
4. Fat: 25 grams
5. Fiber: 4 grams
6. Protein: 10 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 1820 milligrams
9. Sugar: 15 grams

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