

Roasted Greek-Style Beef Ribs

Yield: 4 min

Total Time: 270 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-ribs-recipe-best-of-bridge>

Ingredients:

- 3 1/2 pounds back ribs beef
- 1/4 cup olive oil
- 2 tablespoons honey
- 1 lemon large
- 1/3 cup sweet onion minced or grated
- 6 garlic cloves crushed
- 2 tablespoons fresh thyme chopped
- 1/2 tablespoon oregano dried Greek
- 1 teaspoon fresh rosemary chopped, optional
- 1 teaspoon kosher salt
- freshly ground black pepper
- 1/4 cup honey
- 1 tablespoon lemon juice

Nutrition:

1. Calories: 980 calories
2. Carbohydrate: 32 grams
3. Cholesterol: 295 milligrams
4. Fat: 61 grams
5. Fiber: 2 grams
6. Protein: 76 grams
7. SaturatedFat: 10 grams
8. Sodium: 850 milligrams
9. Sugar: 27 grams

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