

Greek Quinoa Salad

Yield: 5 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/best-greek-quinoa-salad-recipe>

Ingredients:

- 2/3 cup dry quinoa or 2 cups cooked
- 1 1/3 cups water or broth
- 2 cups cherry tomatoes halved
- 1 English cucumber sliced and quartered
- red onion A quarter of a, thinly sliced
- 1/2 cup sliced kalamata olives
- 1/2 cup crumbled feta cheese
- 1/3 cup olive oil
- 3 tablespoons red wine vinegar
- 2 teaspoons lemon juice
- 1 garlic clove minced
- 1 pinch salt and freshly ground pepper

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 15 milligrams
4. Fat: 20 grams
5. Fiber: 3 grams
6. Protein: 7 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 350 milligrams
9. Sugar: 4 grams

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