

Greek Potato Hash

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/mr-greek-potatoes-recipe>

Ingredients:

- 17 1/2 ounces potatoes washed and chopped into good sized chunks, new potatoes/maris pipers/red skin potatoes are all a good choice
- 3 tablespoons olive oil
- 1/2 red onion peeled and sliced thinly
- 2 cloves garlic peeled and crushed/grated
- 1 teaspoon dried oregano
- 1/4 teaspoon salt
- 1/4 teaspoon ground black pepper
- 5 1/2 ounces feta cheese crumbled
- 1 lemon
- 1 handful flat leaf parsley roughly chopped

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 35 milligrams
4. Fat: 18 grams
5. Fiber: 4 grams
6. Protein: 9 grams
7. SaturatedFat: 7 grams
8. Sodium: 600 milligrams
9. Sugar: 3 grams

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