

Greek Style Pita Sandwiches

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-pork-skewers-recipe>

Ingredients:

- 12 ounces boneless pork loin chops or boneless skinless chicken, sliced into 1/4? slices
- 1 tablespoon olive oil
- 2 teaspoons minced garlic
- 1 1/2 tablespoons fresh lemon juice
- 2 teaspoons fresh oregano minced
- 1/2 teaspoon kosher salt
- 1/4 teaspoon black pepper
- 1/4 cup diced tomato
- 1/4 cup cucumber diced
- 2 tablespoons diced red onion
- 6 tablespoons greek style yogurt
- 1/2 teaspoon lemon zest
- 1/2 tablespoon parsley fresh minced
- 1/4 teaspoon kosher salt
- 4 lettuce leaves
- 4 pita bread halves
- 3 tablespoons feta cheese crumbled Athenos

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 50 milligrams
4. Fat: 11 grams
5. Fiber: 5 grams
6. Protein: 26 grams
7. SaturatedFat: 3 grams
8. Sodium: 1060 milligrams
9. Sugar: 3 grams

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