

Grilled Greek Pork Chops

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-pork-chop-recipe>

Ingredients:

- 1/4 cup fresh lemon juice
- 3 tablespoons olive oil
- 1 tablespoon lemon zest
- 4 garlic cloves minced
- 4 mint leaves chopped
- 3 tablespoons flat leaf parsley minced
- 2 teaspoons dried oregano
- 3/4 teaspoon kosher salt
- 20 ounces bone-in pork chops each 1/2-inch thick

Nutrition:

1. Calories: 510 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 100 milligrams
4. Fat: 44 grams
5. Fiber: 1 grams
6. Protein: 23 grams
7. SaturatedFat: 13 grams
8. Sodium: 530 milligrams

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