

# Greek Dip Platter

Yield: 2 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-platter-recipe>

## Ingredients:

- 6 ounces plain greek yogurt
- 10 ounces Sabra® Roasted Red Pepper Hummus may not use entire thing
- red onion minced
- cucumber chopped
- tomato chopped
- Kalamata olives chopped
- feta cheese
- fresh parsley chopped

## Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 15 milligrams
4. Fat: 3 grams
5. Fiber: 2 grams
6. Protein: 3 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 180 milligrams
9. Sugar: 4 grams

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