

Greek Baked Beans - Gigantes Plaki

Yield: 4 min
Total Time: 190 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-plaki-recipe>

Ingredients:

- 1 pound butter beans dried lima beans also work well
- 1 tablespoon olive oil
- 2 brown onions diced
- 1/4 cup garlic sliced
- 2 sticks celery chopped
- 1 leek sliced
- 6 tomatoes 4 roughly chopped, 2 finely chopped
- 1 tablespoon tomato paste
- 3 bay leaves
- 1/2 bunch parsley
- 1/4 cup dill fresh
- 1 tablespoon oregano dried
- 1 tablespoon balsamic vinegar Modena
- salt ground sea
- black pepper ground
- 3 tablespoons feta crumbled

Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 95 grams
3. Cholesterol: 5 milligrams
4. Fat: 6 grams
5. Fiber: 27 grams
6. Protein: 29 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 350 milligrams
9. Sugar: 20 grams

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