

Peppy's Pita Bread

Yield: 8 min
Total Time: 200 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-style-pita-recipe>

Ingredients:

- 1 1/8 cups warm water 110 degrees F/45 degrees C
- 3 cups all-purpose flour
- 1 teaspoon salt
- 1 tablespoon vegetable oil
- 1 1/2 teaspoons white sugar
- 1 1/2 teaspoons active dry yeast

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 37 grams
3. Fat: 2 grams
4. Fiber: 2 grams
5. Protein: 5 grams
6. Sodium: 300 milligrams
7. Sugar: 1 grams

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