

Pastitsio (Greek Lasagna)

Yield: 9 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/pistachio-greek-lasagna-recipe>

Ingredients:

- 6 tablespoons unsalted butter
- 3/4 cup all purpose flour
- 1 quart whole milk warmed until hot
- 1 1/2 teaspoons salt
- 3 large eggs
- 4 tablespoons unsalted butter
- 2 onions medium, chopped
- 2 pounds lean ground beef
- 1/8 teaspoon ground cinnamon
- salt
- pepper
- 1/2 cup water
- 2 tablespoons tomato paste
- 1 pound pasta ziti
- 3 large eggs beaten
- 1 1/2 teaspoons salt
- 16 ounces kasseri or Kefalotiri cheese, grated, see notes below

Nutrition:

1. Calories: 800 calories
2. Carbohydrate: 58 grams
3. Cholesterol: 295 milligrams
4. Fat: 40 grams
5. Fiber: 3 grams
6. Protein: 51 grams
7. SaturatedFat: 22 grams
8. Sodium: 1160 milligrams
9. Sugar: 9 grams

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