

Greek Style Mac and Cheese

Yield: 6 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-macaroni-recipe>

Ingredients:

- 1 pound elbow macaroni
- 3 tablespoons olive oil divided
- 1 onion medium, chopped
- 1 clove garlic chopped fine
- 10 ounces spinach fresh bagged, roughly chopped
- 1 pinch salt
- 3 tablespoons flour
- 3 cups milk
- freshly ground pepper
- 1/8 teaspoon grated nutmeg freshly
- 2 cups havarti cheese grated, with dill, or regular Havarti plus 1 tablespoon fresh dill or 1 teaspoon dried dill
- 8 ounces feta cheese crumbled
- 12 ounces Kalamata olives chopped
- 1 tablespoon capers
- 2 tablespoons sun-dried tomatoes chopped
- 1/2 cup bread crumbs or panko crumbs

Nutrition:

1. Calories: 810 calories
2. Carbohydrate: 83 grams
3. Cholesterol: 95 milligrams
4. Fat: 38 grams
5. Fiber: 6 grams
6. Protein: 36 grams
7. SaturatedFat: 17 grams
8. Sodium: 1580 milligrams
9. Sugar: 14 grams

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